



# WAYS YOU CAN **IGNITE GOOD!** & **MAKE A DIFFERENCE**



- 1.** Take a nature walk and bring bags to collect trash along the trails.



- 2.** Choose a family “energy watchdog” to turn off lights and other appliances when no one is using them.



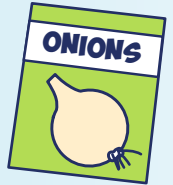
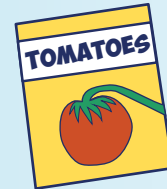
- 3.** Make a reusable bag using an old t-shirt and use it next time your family goes grocery shopping.



- 4.** Plant some flowers in your yard for your neighbors to enjoy.



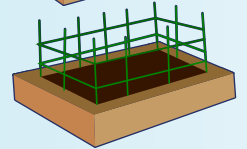
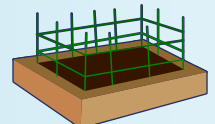
- 5.** Make flower or vegetable “bombs” to spread around your neighborhood.



- 6.** Create a cheer about how to recycle.



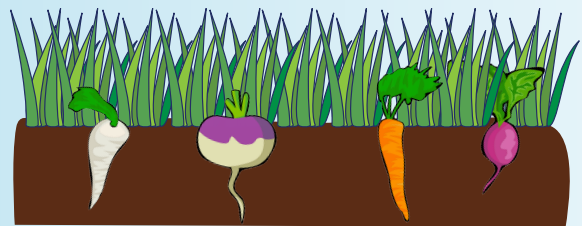
- 7.** Build planters for a community garden.



- 8.** Teach a cooking class based on sustainable ingredients.



- 9.** Volunteer and help out with the community garden in your neighborhood.



- 10.** Have Meatless Mondays with your family. There are tons of fun and healthy recipes that you can try.