# Calling All Superheroes!







The Center for Disease Control has stated that masks are key in helping control the spread of the COVID-19 virus. In fact, wearing a mask is one of the easiest and safest ways to stay well. Unfortunately, there is currently a shortage of masks in our community, especially for our most vulnerable citizens. Which is where our Louisville community members can team up to help IGNITE GOOD! by making 7000+ masks from t-shirts!

### MATERIALS

- Clean Unused T-shirt
- Scissors
- No Sew Mask Pattern
  - Adult and Youth sizes provided

# <u>Centerline</u>



### **MAKE THE MASKS**

- 1. Fold the t-shirt in half along the centerline.
- 2. Place the flat edge of the template on the crease of the fold.
- 3. Cut around the edge of the template, but do NOT cut along the crease.
- 4. Take the cut out shape and fold it in half perpendicular to the crease.
- 5. Cut half a heart out of the new crease, starting and ending at the crease, this is the loop for the ears.
- 6. Unfold the creases but keep the two layers together as it is important to have multi-layered masks.
- 7. Repeat steps 1-6 with the remainder of the shirt.
- 8. OPTIONAL: Glue the edges of the two layers together using tacky glue or fabric glue.
- 9. Place the finished mask(s) in a plastic grocery bag or ziplock bag.

## PICK-UP & DROP-OFF SITES & DAYS

**VISIT** <u>globalgamechangers.org/makeamask</u> for information about FREE mask-making kits, pick-up locations, while supplies last, and finished masks drop-off locations.

All masks will be processed through proper sanitation in accordance with CDC guidelines before being distributed to those in need by the Salvation Army.

### REFLECTION

**ASK:** How can we encourage others to help during this time, so Louisville can continue to be united as a community even when we are apart due to social distancing?

For questions/help email: info@globalgamechangers.org

For more information: globalgamechangers.org/makeamask

To share your story: globalgamechangers.org/share-your-story/



### **SHARE PICTURES**

Encourage others to make and donate masks too! Use #GLOBALGAMECHANGERS and #LIFTUPLOU