



GLOBAL GAME CHANGERS
STUDENT EMPOWERMENT PROGRAM



LESSON TYPE(S)	GRADE(S)	DESCRIPTION
Social-Emotional, Arts & Crafts, Service	K, 1st, 2nd, 3rd, 4th, 5th	Learn about the importance of masks and make some for your community.
MATERIALS	PREP	GGC HEART BADGES
Scissors, Old t-shirts, Mask pattern, Marker, Optional: Fabric/Tacky glue	Print out mask pattern.	Basic Needs, Health, Rescue

MAKE A MASK, MAKE A DIFFERENCE

INTRODUCE

EXPLAIN: The Center for Disease Control has stated that masks are key in helping control the spread of the COVID-19 virus. In fact, wearing a mask is one of the easiest and safest ways to stay well.

EXPLAIN: If you're sick, when you touch your nose or mouth, then touch something else, you spread the virus.

ASK: What happens if you have something covering your face?

EXPLAIN: It's important for people to wear masks in places where they are around other people that don't live with them, like grocery stores or homeless shelters. Fortunately, masks are easy to make, and we're going to learn how to make one today!

EXPLORE

INSTRUCT: (For a video tutorial, [click here](#).)

1. Choose whether you want a child-size or adult-size pattern.
2. Fold the t-shirt in half along the centerline.
3. Place the flat edge of the template on the crease of the fold.
4. Cut around the edge of the template, but do NOT cut along the crease.
5. Take the cut out shape and fold it in half perpendicular to the crease.
6. Cut half a heart out of the new crease, starting and ending at the crease, this is the loop for the ears. You can trace the heart half with a marker to make it easier.
7. **Unfold the creases but keep the two layers together as it is important to have multi-layered masks.**
8. Repeat steps 1-6 with the remainder of the shirt.
9. **OPTIONAL:** Glue the edges of the two layers together using tacky glue or fabric glue.
10. Place the finished mask(s) in a plastic grocery bag or ziplock bag if you plan on donating it to someone



outside of your household.

EXPLAIN: Unfortunately, we don't have enough masks for people who need them. You can share the masks you make with people in your neighborhood, or have an adult drop them off to a local homeless shelter or other organization that needs masks. Your kind act will help stop the spread of COVID-19 so that we can get back to normal sooner! Congratulations! You made a mask, so you can make a difference!

OPTIONAL: If you are in the Louisville, Kentucky, area, you can visit globalgamechangers.org/makeamask to learn about where to pick up mask kits and drop off completed masks.

CONNECT

DISCUSS: How can we encourage others to help during this time, so we can continue to be united as a community even when we are apart due to social distancing?

Global Game Changers Student Empowerment Program is an innovative evidence-based curriculum that uses service-learning to develop the whole child by building core social-emotional competencies, character, and leadership skills in elementary students. Using our Superpower Equation: MY TALENT+MY HEART=MY SUPERPOWER!®, they learn to IGNITE GOOD!® and be successful and engaged citizens. GGC's program is privately funded and available at no cost to educators and parents through our online Educator Portal. Visit globalgamechangers.org for more information and email questions to info@globalgamechangers.org. Copyright © 2020 Global Game Changers. All Rights Reserved.



child
size
height
5.5 in.

NO SEW MASK

youth medium

FOLD T-SHIRT IN HALF
PLACE BOTTOM EDGE OF TEMPLATE ONCREASE OF T-SHIRT
CUT FABRIC ALONG THE **ORANGE LINE**

MAKE A MASK. MAKE A DIFFERENCE.™

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child size width
5.45 in.

Cut on the orange line
Optional: fabric glue along dotted blue line

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adult
size
height
6.75in.

NO SEW MASK

adult medium

FOLD T-SHIRT IN HALF
PLACE BOTTOM EDGE OF TEMPLATE ON CREASE OF T-SHIRT
CUT FABRIC ALONG THE **ORANGE LINE**

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adult size width
7 in.

Cut on the orange line
Optional: fabric glue along dotted blue line

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