



GLOBAL GAME CHANGERS
STUDENT EMPOWERMENT PROGRAM



LESSON TYPE(S)	GRADE(S)	DESCRIPTION
Arts & Crafts, Language Arts, Social-Emotional	2nd, 3rd, 4th, 5th	Think about adapting to change and draw an ocean representation..
MATERIALS	PREP	GGC HEART BADGES
Blank paper, Crayons/ markers	N/A	Health, Rescue

COVID-19 ADAPTING TO CHANGE

INTRODUCE

EXPLAIN: Because of COVID-19 the world has changed a lot! Now we don't get to see our friends at school, and we now work on our schoolwork at home. But change can often be difficult to handle. We can Ignite Good!® by learning about how we help ourselves and others adapt to the changes that have happened.

DISCUSS: How does change make you feel?

READ: Quote- "Life is like an ocean it can be calm and still or rough and rigid. But in the end, it's always beautiful" ~ Unknown

EXPLAIN: Throughout life we will face changes and challenges, but all storms pass with time, but it's what we do to get through the storm that matters.

EXPLORE

EXPLAIN: Change can often feel like being tossed around in rough ocean waves so we are going to make some boats that will help us weather the currents.

INSTRUCT:

- Draw waves at the bottom of your paper
- Under the wave write or draw some difficult changes you have had to face because of being at home.

DISCUSS: What sorts of changes do you have to adjust to for School? in your Home?

- Example: It might be hard to work on a computer to get your schoolwork done.

INSTRUCT:

1. Draw A boat on top of the water
2. Write on the boat or label the boat by writing or draw some ways of managing or coping with those



changes. Imagine these are how we keep you afloat in your boat.

DISCUSS:

- What are some positive ways to handle change?
- What can you do to relax and have fun at home?
- What is good about change?
- Who can help you when change upsets you? Who can you talk to about change?
 - Example: Making a pillow fort and watching a good movie.

INSTRUCT: Draw a picture of you and your family safely floating in your boat.

SEE: A completed example [here](#).

CONNECT

DISCUSS: How can overcoming change make us better superheroes and how can we help others do the same?

Global Game Changers Student Empowerment Program is an innovative evidence-based curriculum that uses service-learning to develop the whole child by building core social-emotional competencies, character, and leadership skills in elementary students. Using our Superpower Equation: MY TALENT+MY HEART=MY SUPERPOWER!®, they learn to IGNITE GOOD!® and be successful and engaged citizens. GGC's program is privately funded and available at no cost to educators and parents through our online Educator Portal. Visit globalgamechangers.org for more information and email questions to info@globalgamechangers.org. Copyright © 2020 Global Game Changers. All Rights Reserved.