



**GLOBAL GAME CHANGERS**  
STUDENT EMPOWERMENT PROGRAM



LESSON TYPE(S)	GRADE(S)	DESCRIPTION
Physical, Games, Social-Emotional, Arts & Crafts, Service	K, 1st, 2nd, 3rd, 4th, 5th	Learn hopscotch and create your own sidewalk game for yourself and others to play
MATERIALS	PREP	GGC HEART BADGES
Writing utensil, paper, Internet access, Sidewalk chalk	N/A	Health, General

# SIDEWALK CHALK ADVENTURE

## INTRODUCE

**EXPLAIN:** COVID-19 means that we can't do many of the fun moving things that we used to, like playing team sports, or gymnastics, or dance practice. But that doesn't mean that we shouldn't get moving and encourage others to get moving, too!

**DISCUSS:** What is your favorite way to get your body moving?

**EXPLAIN:** Today, we're going to use sidewalk chalk to get moving and encourage others to do the same.

## EXPLORE

**ASK:** Do you know what hopscotch is?

**EXPLAIN:** Hopscotch is a game you play by drawing squares on the ground in a pattern of one or two. You have to hop into the single squares on one foot, and the double squares with one foot in each.

**WATCH:** <https://www.youtube.com/watch?v=fZzswQalCfM>

**INSTRUCT:** Create your own hopscotch board on the sidewalk or driveway and play!

**EXPLAIN:** We can use chalk to do other things, too!

**INSTRUCT:**

1. Think about all the fun active things you like to do.
2. Create a list with words or pictures.
3. Make your list into an adventure for yourself to complete by drawing different spots on the ground with chalk to do different things.

**INSTRUCT:** For both your hopscotch and your adventure game, write down an invitation for others to



participate when they walk by! You might also want to remind them to take turns and practice safe social distancing while they play.

### CONNECT

**DISCUSS:** Why is it important to stay active even when you're stuck in your house and neighborhood?

*Global Game Changers Student Empowerment Program is an innovative evidence-based curriculum that uses service-learning to develop the whole child by building core social-emotional competencies, character, and leadership skills in elementary students. Using our Superpower Equation: MY TALENT+MY HEART=MY SUPERPOWER!®, they learn to IGNITE GOOD!® and be successful and engaged citizens. GGC's program is privately funded and available at no cost to educators and parents through our online Educator Portal. Visit [globalgamechangers.org](http://globalgamechangers.org) for more information and email questions to [info@globalgamechangers.org](mailto:info@globalgamechangers.org). Copyright © 2020 Global Game Changers. All Rights Reserved.*